

### Personal Appearance:

Because an athlete is constantly in the eyes of the public, he or she becomes a representative of the school and is considered to be in a position of leadership. Therefore, the athlete's personal appearance not only reflects his or her attitudes but those whom he or she represents. His or her hygiene must be such that it is not harmful to the athlete's well being while participating in athletic competition. Athletes will be required to adhere to the following:

1. **Hair:** The athlete's hair shall be groomed in such a way as not to interfere with the athlete's performance. (follow the guidelines of the sport you are participating in)
2. **Dress Attire:** Athletes are expected to dress appropriately at all times during school hours and when attending school sponsored activities. Athletes shall follow the guidelines of the "Student Handbook" in regards to dress code, and adhere to specific rules of the sport in which you are participating.

Lack of adherence to the above rules may result in the student athlete being held out of practice and/or games. Failure to comply after further notification may result in suspension from the team and/or removal from athletics.

### Personal Health Practices:

Due to the harmful effect upon the health of the individual, all athletes will refrain from the use of tobacco in any form and alcoholic beverages or abusive drugs of any kind. Also, athletes must maintain a proper diet and rest. Verification of abuse of tobacco, alcohol, or drugs by the student athlete will result in immediate dismissal from the team and 4<sup>th</sup> block competitive athletics.

### Equipment, Fees, and Physical Examination:

All athletes will be required to replace lost gear by payment of the price equivalent to its replacement. All athletes will be required to have a signed physician's examination, a parent permission form, an insurance waiver, and this athletic contract on file before athletic competition may begin. Putnam City High School Athletic Department assumes no financial responsibility for injuries occurring to athletes.

### School Decorum:

An athlete is expected to govern his or her conduct in accordance with the rules and regulations of the "Student Handbook" and violations of the student's obligations under that handbook may result in removal from the team and 4<sup>th</sup> block athletics.

### Lettering:

The provisions or criteria for earning a letter will be furnished to the athlete by the coach in that sport prior to the beginning of the season.

### Specific Sport Rules and Regulations:

Each head coach will attach a copy of his or her specific rules, regulations, and guidelines to this athletic contract, which have been approved by the Athletic Department. Both documents require the careful reading, understanding, and signature of the student athlete and his or her parents or guardian.

**I understand that if I do not keep my agreement to fulfill the above obligation, I will be removed from 4<sup>th</sup> block athletics.**

\_\_\_\_\_  
student's signature

\_\_\_\_\_  
date

\_\_\_\_\_  
parent's/guardian's signature

\_\_\_\_\_  
date